

# Detailed Guide for Seattle Delta Flights to Shanghai

## Preliminary matters

1 Pre-preparation work is nothing more than vaccines, but this is very important. There are several things about vaccines that need to be kept:

- Vaccine registration white card · Vaccination statement
- Email notification of vaccination
- The best is to have a picture of you taking shoots.

When declaring the information later, it actually requires a lot of details, such as the specific minute of taking the vaccine booster. These information will be available in the email.

## Preparations

1 The relevant matters preparations need to start 48 hours before the flight's check in. The nucleic acid test result must be exactly forty-eight hours before boarding, and it will be invalid when it is outdated. You must enter the country within 48 hours after the Health QR Code ( on WeChat) application result, otherwise it will be invalid. Custom China QR Code (On WeChat) are only valid within 24 hours after the application is issued.

2 The specific preparatory work we need to do is divided into two parts:

- Nucleic acid testing
- After applying for nucleic acid testing, the results are supposed to be released within 24 hours, though it depends on luck. For example, I got the results that come out within 20 hours, which means the test I did at 10:30 in the morning of the first day released a result at 6:00 in the morning of the next day. According to the published statement, the results of the submission of the QR Cods will be available within 4 hours, but in fact, it all depends on the efficiency of the staff. They start working at nine o'clock in the morning, so there is no need to rush. You can submit early but there is no necessary, in my own case, the result came out within one or two hours after submission. Though there were some problems with the materials, so I submitted it a second time. The two times in total were completed within four hours.

3 There are two legally recognized institutions for local nucleic acid testing appointments in Seattle, AnyLab Test and ARCpoint. AnyLab Test Now is run by Chinese people. If you do it in person, you need to go to the official website to contact and make an appointment.

4 There are two steps in the test, blood draw and nose poke, but in the end there are actually three test results:

- Nucleic acid test results
- IgM antibody test
- N protein test

One thing to note here is that N protein is a test item that will only be added after vaccination. No additional blood draw is required but it needs to be sent to other places for the result. Usually, the testing agency will note whether you have been vaccinated and whether you need to do this test, but just in case, it is recommended to make a special statement with them during the test to ensure that there will be no mistakes.

5 You must bring your passport with you during the test. You need to hold the front page of your passport and stand in front of the lab to take a photo. You need to open it during the process of blood draw and nose stabbing and take a picture of yourself taking in the process of taking the test. It depends on different places, but usually, you can only go in by yourself during the test (this is the case in ARCpoint), but don't worry, the testers are capable of taking pictures of you while drawing your blood.

6 There is nothing special to prepare between the time the test is finished and the result is released, just put your mind at ease. The final result should be either negative or positive, the nucleic acid test is negative, the IgM antibody is Reactive, and the N protein test is Non Reactive.

7 After seeing the results, you can start to apply for the Health QR Code immediately. Don't worry about it being too early or too late. There are several points to pay attention to when submitting the Health QR Code:

- The place to fill in and submit the information is a WeChat applet called "Epidemic Prevention Health QR Code International Version"
- A line of big red characters "Unite as one, fight against the epidemic".
- Fill in and submit through the "Test Result Declaration" channel of the "Returnee Portal".

- The entire information form is in Chinese, and the filling is also in Chinese. The final approval is at the Chinese embassy, and the United States will not review it. All kinds of documents should be filled in according to the actual situation. It is recommended to write the phone number in the United States. After returning to China, you will not use this code when you go through customs. Even if there is an accident and you need to contact urgently, it should be when you are still in the United States .
- There is a detail, there is a special note behind the IgM test result inquiry, the data sheet says "if there are no special circumstances, you can write no", but as a suggestion, you can mark here that you've got a negative on N protein test.
- There are a total of three areas where photos need to be submitted, the first one is "Please upload pictures of negative nucleic acid test certificate and blood serum IgM antibody test certificate". What you need here is a screenshot of the three-page report, a photo of the passport and the three-page report together, three photos of the testing agency, and any proof that you are in the testing agency (such as electronic receipt/ appointment E-mail/certificate after testing), this item and the other limit can only send eight pictures, which is completely sufficient.
- The second is "Please upload the itinerary and the picture of the country's residence certificate", what is needed here is the screenshot of the itinerary (download the pdf version of the itinerary from the official website (it is best to view it when taking a screenshot) to itinerary\_XXX, details of insurance), a photo of the first page of the passport, a photo of the visa page, and a photo of the I20 (or like me, I don't need the visa page and the I20 is a photo of the green card).
- The third is if the vaccination If you have been vaccinated, check "Yes" and then there will be a "Please upload a picture of the vaccination certificate". What you need here is the vaccination white card mentioned above and the vaccination certificate (download from the official website of the Consulate General) Handwritten sign word), email notification of vaccination (reservation email), there is a limit of only three photos to be submitted, the system accepts composite collages, if you want to attach vaccination photos or more detailed information, you can directly use the software To synthesize long graphs and the like.
- Just click submit after filling in the final form, and a page will pop up for you to confirm the information, you need to pay attention here! Sometimes the system is not very clever! Be sure to click on each photo on the confirmation page to ensure it is complete! For example, it happened to me that there were six photos, but in the end only four photos were displayed on this page. No matter how you refresh it, it was useless. In the end, I had to quit and fill in the entire information again. Quite annoying but better than getting called back a few hours later.
- After submitting, a small reminder will pop up asking if you allow the system to

notify you in WeChat after receiving the reply. You must choose to allow, and then you will be notified if you pass or not, so you don't need to go through it yourself, and they will notify you where it is unqualified if you failed for application. Now the country is quite open and didn't make it difficult. Just calm down and give more detailed information. If you have followed the previous steps, each one is very detailed. There may be a problem with the system or an error in the data, just resubmit it again.

· After the materials are completely submitted, you can just calm down and wait. You can take a screenshot and save the result when you receive it. The airport will accept the screenshot, which will be much more convenient.

8 It is recommended to print out those documents, such as three test results, which will be checked by the airport staff when entering the customs. The paper version will be more convenient.

9 Here is a small reminder. It is suggested that when you have time in the first few days, you can call the airline to confirm your personal flight information, etc. There was an overbooking situation happening in my case. It turned out that my mom's seats were sold to other people, and Delta said they have no responsibility for this situation, that's our own fault. The airline asked us to make up the price difference for buying a new seat. Finally, because we showed a very detailed reservation ticket record—it took more than two hours to negotiate—the airline made up a seat, but the seat was changed.

10 Pay special attention to the fact that only one piece of luggage is allowed to be checked in free at delta.

## **At the airport**

1 After all the above preparations are completed, just wait for the time to go to the airport. Many people are very nervous and went pretty early. Like what we did, the flight was at 12:55 and we started heading at 9:00. Some people were even earlier than us, but it's not necessary. The procedures at the airport are relatively small, and the procedures are very fast. Basically, it's all done in half an hour or an hour, and you can only sit there and wait.

2 From consignment to customs, it is normal and there is no difference during the non-epidemic period-except for paying attention to wearing masks throughout the process.

3 After the security check, there is a "Custom China" that needs to be filled in. It needs to be filled out before boarding the plane and someone will come to check it. You can download the APP, but the easier to scan the WeChat code, and you can directly jump to the mini program to fill in.

4 This information form is both in Chinese and English, and you can fill in any language.

5 The first question is about whether you are entering or exiting the country. This is filled in according to China, so choose to enter.

6 Just fill in the following information according to your personal details. There is no review for this. After writing and submitting, a red code will appear directly. This code will be used very frequently in the future. Health QR Code are basically done and you will be using this red code while entering China, so be sure to take a screenshot and save it (mini program will also remind you that it is best to save the screenshot), and the red code have a 24 hours of the validity period.

6 Before boarding the plane, you need to check your body temperature while waiting for the plane. The broadcast will collectively remind you to carry out the temperature check. When you take the check, bring your passport and two QR codes. Finally, if your body temperature passes, a sticker will be posted on the back of your passport. A green sticker, this thing will be useful in the future, and this is the key for you to aboard.

## **During the trip**

1 Delta Air Lines provides Wi-Fi on the plane, TMobile is free, other companies need to pay, but it is not expensive. Each seat is equipped with a basic charging port, but Apple's new device charging port cannot be used. It is very important to charge your phone, and there will be many places where your hone will be used later.

2 There are quite a lot of small TV movies on the plane, and they are all very good.

3 At present, the flights are quite late, and if the flight departs at night, there are only two meals on board. The first meal is a choice of three main meals, and the second meal is only a piece of bread and other snacks, not exactly meals. Personally, I suggest that you bring something more convenient to eat. After all, maintaining physical strength is very important and getting off the plane is quite a toss.

4 When passing through Seoul, the key work is the handover of the crew, which will take about an hour, and then it will only take about an hour and half from Seoul to Shanghai.

5 Delta's crew members are not very reliable in Chinese, the one I met knows nothing about the forms and process after arrive.

6 Only one form will be issued on the plane, a long and narrow form that looks like a ticket. Only people with American passports need to fill it out. Most people who return to China do not need to fill it out.

7 When you get off the plane, you can drink more water to moisten your throat and prepare for poking your throat later, but it is not recommended to eat when you get off the plane, because it will make you feel sick when you get poke.

8 There are very few people on the plane, but the crew did not arrange seats strictly according to the empty one, and some AB seats are seated for two people.

## **Inbound work**

1 When getting off the plane, they will get off the plane according to the seat number. How long the waiting time depends on the efficiency of passengers getting off the plane.

2 After getting off the plane, you will see everyone wearing full-armed protective clothing, and the staff are really working hard.

3 At this time, you will need Custom China, which is the red one, to pass, and you will basically not need the Health QR Code.

4 The route is marked on the ground, just follow along:

- At the firststop, there will be a small one-to-one information confirmation and signing agreement, here will give you a form for you to sign to prove that you agree to the test, and then you have to look at your three inspection reports (screenshots can be shown, but it is definitely more convenient to print the information directly), red code, confirmation and some information related to the new crown.
- Going forward at the second stop, someone will read your confirmation agreement, and then give you a small tube for testing.

- The third stop is to do the test. To be honest, the inspection at the airport is really more ruthless than other places. You don't need to be too nervous, but you can also make a little psychological preparation. In an instant, I felt that my nose was connected with the tube in the back of my throat. I personally think that the throat is actually fine, but really don't eat something, you will feel like vomiting. Then they will take the tube and move one step forward.
- There is nothing special about coming out of the fourth stop. Someone will take your consent form along the way, and then you will enter the customs. When you enter the customs, the questions are the same as usual, except that you need to leave a contact number and ask where you are going after the quarantine, you can answer truthfully here, and it has nothing to do with the hotel allocation later.
- Go to the fifth stop to pick up your luggage. After picking up your luggage, you will walk along a passage. There is a code that you need to scan and fill in, and there will be staff standing by the side to help you solve the problem. The passport will also be used here, and you will be asked for your passport number, and then some basic information. The key point is to ask whether you usually live in Shanghai or go to another city after quarantine.
- The exit of the sixth station will be divided into two sides, and the difference between the left and right corresponds to local and non-local. In fact, there are three overall options, some special zone 3+11 policy, Shanghai local residents, non-local and non-special zone people. For those who do not have the 3+11 policy, that is, local and non-local, the only difference is the isolation hotel. If you are local, you will be placed in a hotel in the area where you live, and if you are non-local, you will be randomly assigned in 16 districts.

5 If you are a local resident, you will wait in the partition on the second floor. They will take your passport for confirmation, and then you will be sent to a random hotel in the corresponding area after sitting in the corresponding position.

6 For non-local residents, they will be unified on the first floor and sent to random hotels in several waves. Passports are also given to them here. Basically, they are first come, first served. If they come first, they will be called first and sent away first.

7 After arriving at the hotel, you need to sign an agreement, an informed agreement on the need for subsequent nucleic acid testing, etc., and then go to the front desk to check in in order, and then you can go back to the room. As for some rules and procedures, etc., the hotel where I live has a unified WeChat group and they will send it to everyone's phone through WeChat.

## Quarantine Planning

1. The overall management is still very strict in terms of isolation. The hotels are really random and there is no choice. The possibility of staying in a good hotel in Hongkou District is higher, and the possibility of staying in a good hotel in older urban areas such as Putuo District and Yangpu District is relatively small.

- If you are non-locals, it is said that if you go to the back, you are more likely to get a good hotel. The first trip usually goes farther, and then the latter will go closer. The ones that are closer to the airport The area is newer.
- If you want to go to the local channel in Shanghai to control the scope of the hotel, you need to find the address from the very beginning, and fill in this address when filling out the form. According to the staff, you will find the neighborhood committee to verify it later. It's best to communicate just in case.
- The management has become stricter and the procedures have been implemented. The specific scope of control is "the house must be in the name of the person or his immediate family members", not even cousins.
- The address of the company or various temporary residences is not acceptable. It must be an address with the name of the household.
- Try not to conflict with the airport staff because of these problems. It is not easy for everyone to work in protective clothing for so long. So if you want to pretend you are a local, the address must be confirmed from the beginning to ensure nothing goes wrong. Now that there are more and more people mixing in the local area, it is not sure whether the control will be stricter in order to maintain a balance in the future.

2 In the case of hotels, the management of some places does not allow food delivery, which must not be violated, but most of them allow express delivery and allow relatives and friends to send some sealed materials. Over all, tobacco and alcohol are not allowed.

3 The management may be relatively loose now. It was originally stipulated that unless special care is required, one person must be isolated from one room, but now it is probably allowed to isolate together.

4 The policy of covid testing here is 14+7. You will take a covid test on the first day (at the airport), 4th day of quarantine, 7th, and 14th (which is the day you leave the hotel). And it is required that you report your temperature twice a day, you will be given with a thermometer. This might influence your release of quarantine.



5 After the 14 days of quarantine, you will be released from the hotel. Unless people with special situations who need to be under monitor (they will get a yellow code), others are free to return to their home city to finish their self quarantine. Beijing is an exception, Beijing requires people to finish their 7 days of self quarantine outside of Beijing.

6 The 14 days quarantine in the hotel was very strict. For example, we moved in at the morning, so we are only allowed to leave the hotel at noon. If you plan to leave Shanghai after the quarantine, it's recommended that you should buy your ticket for traveling not on the day you finish your quarantine but the second day (For example we will finish our quarantine on 7.9, then our ticket of going back to Beijing should be on 7.10). Your ID will be locked for the days that you are during quarantine, you will be prohibited from traveling.